POND.

AN ALMANACK for the year of our LORD GOD 1665.

Being the first after Bis-sextile or Leap-year, and from the worlds Creation 5668.

Amplified with many good things both for pleasure and profit: and fitted for the Meridian of *Saffron-Walden* in *Essex*, where the Pole is elevated 52 degrees and 8 minutes above the Horizon.

Whereunto is added the several Fairs held in *England* each moneth this year.

Omnia cum vireant, tunc est nova tempora dicta:
Sic Annus per ver incipiendus erit.

CAMBRIDGE:
Printed by *John Field*, Printer to the *Universitie* 1665.

Of the Suns entrance into the four cardinal Signs.

THe Sun enters *Aries* this year on the 9 day of *March*, 58 minutes paſt eleven at night.

He enters *Cancer* on the eleventh day of *June*, at 50 minutes paſt two in the morning.

He enters *Libra* on the twelfth of *September*, at 56 minutes paſt five at night.

He enters *Capricorn* on the eleventh of *December*, 39 minutes paſt 5 in the morning.

Times prohibiting marriage this year.

MArriage comes in on the 13 of January, and by Septuageſima Sunday it is out again untill Lowſunday; at which time it comes in again, and goes no more out till Rogation-ſunday: From whence it is forbidden again untill Trinity-ſunday; from thence it is unforbidden till Advent-ſunday. But then it goes out, and comes not in again untill the 13 day of January next after.

And note, that the Golden number this year is		13.
The Cycle of the Sun		22.
The Epact		13.
The Dominical letter		A
Eaſter day	March	26.
Advent-ſunday	Decemb.	3.

The Anatomy of Mans bodie, as the parts thereof are governed by the 12 Signes.

Brief rules of Husbandry.

PLant and graff the Moon increasing in *Taurus*, or *Aquarius*, the wind not Easterly.
Fell timber from Midsummer till Christmas, the Moon increasing.
Fell coppice and fewel, the Moon in the first quarter.
Cut your Vines in February or March.
Geld cattel the Moon in *Aries*, *Sagittarius*, or *Capricorn*.
Remove trees, the Moon at the last quarter in November.
Shear sheep, and cut hair to grow the Moon increasing.

To keep thy hair safely from falling untimely,
Hot scalding baths deny, hate wanton company,
Abstain from Venery, purge choler warily,
Let thee blood needfully, surfet not willingly.

45

January hath xxxi days.

New moon the 6 day. 5 min. past 7 in the morning.
First quarter the 14 day. 32 min. past ten before noon.
Full moon the 21 day. 19 minutes past 6 in the morning.
Last quarter the 28 day, 40 min. before 1 in the morning.

						Sun rising.		Sun setting.	
1	A	Cirumcision	Scorp.	28	8	4	3	56
2	b	Octab. Steph.	Sagit.	10	8	3	3	57
3	c	Octab. John		23	8	2	3	58
4	d	Telesphorus	Capr.	5	7	0	4	0
5	e	Simeon		17	7	59	4	1
6	f	Epiphanie		29	7	58	4	2
7	g	Julianus	Aqua.	11	y	57	4	3
8	A	1 after Epiph.		22	7	55	4	5
9	b	Sun in Aquar.	Pisces	4	7	54	4	6
10	c	Pauli Erem.		16	7	52	4	8
11	d	Hygimus		28	7	51	4	9
12	e	Satyrius	Aries	10	7	50	4	10
13	f	Hilarie bishop		23	7	48	4	12
14	g	Felix	Taur.	5	7	47	4	13
15	A	2 after Epiph.		19	7	46	4	14
16	b	Marcellus	Gem.	2	7	45	4	15
17	c	Antonius		16	7	43	4	17
18	d	Prisca virg.	Canc.	0	7	42	4	18
19	e	Wolstan		15	7	40	4	20
20	f	Octab. Hilar.	Leo	0	7	38	4	22
21	g	Agnes		15	7	36	4	24
22	A	Septuagesim.	Virgo	0	7	34	4	26
23	b	Term begins		15	7	32	4	28
24	c	Timothy Epis.	Libra	0	7	30	4	30
25	d	S. Pauls day		14	7	28	4	32
26	e	Polycarpus		28	7	26	4	34
27	f	Quind. Hilar.	Scorp.	12	7	24	4	36
28	g	Coral. mag.		25	7	22	4	38
29	A	Sexagesima	Sagit.	7	7	20	4	40
30	b	K. Char. mart.		20	7	18	4	42
31	c	Cyriacus	Capr.	2	7	16	4	44

The first and second snow or cold wind. The fourth snow-like, then frosty weather. The 8 fair, thence wind with snow or rain. The 15 variable. The 20 fair and freezing. The 22 wind, then some snufts of snow or rain. The 27 milde air. The 28 and 29 rain and some wind. The 31 snow or rain.

January.

1	Cal.	
2	4	
3	3	
4	Prid.	
5	Non.	
6	8	
7	7	
8	6	
9	5	
10	4	
11	3	
12	Prid.	
13	Idus	
14	19	
15	18	
16	17	
17	16	
18	15	
19	14	
20	13	
21	12	
22	11	
23	10	
24	9	
25	8	
26	7	
27	6	
28	5	
29	4	
30	3	
31	Prid.	

New moon the 5 day, 31 minutes past 2 in the morning.
First quarter the 12 day, 52 minutes past 11 at night.
Full moon the 19 day, 23 minutes past 4 after noon.
Last quarter the 26 day, 32 minutes past 3 after noon.

					Sun rising.		Sun setting.	
1	d	Bridget Fast	Capr.	14	7	14	4	46
2	e	Purif. of Mar.		26	7	12	4	48
3	f	Crast. Purif.	Aqua.	8	7	10	4	50
4	g	Veronica		19	7	8	4	52
5	A	Quinquages.	Pisces	1	7	6	4	54
6	b	Dorothea		13	7	4	4	56
7	c	Shrove-tuesd.		25	7	2	4	58
8	d	Ashwednesd.	Aries	7	7	0	5	0
9	e	Octab. Purif.		20	6	58	5	2
10	f	Scholastica	Taur.	2	6	56	5	4
11	g	Euphrosina		15	6	54	5	6
12	A	Quadragesim.		28	6	52	5	8
13	b	Term ends	Gem.	11	6	51	5	9
14	c	Valentine		25	6	49	5	11
15	d	Ember Week	Canc.	9	6	47	5	13
16	e	Julian		24	6	45	5	15
17	f	Dioscor.	Leo	8	6	43	5	17
18	g	Concordia		23	6	41	5	19
19	A	Ordination	Virgo	8	6	39	5	21
20	b	Mildred		24	6	37	5	23
21	c	69 Martyrs	Libra	8	6	35	5	25
22	d	Pet. Chair		23	6	32	5	28
23	e	Polycar. Fast	Scorp.	7	6	30	5	30
24	f	Matthias ap.		21	6	28	5	32
25	g	Victorinus	Sagit.	4	6	26	5	34
26	A	3 sund. in lent		16	6	24	5	36
27	b	Augustine		29	6	22	5	38
28	c	Romanus	Capr.	11	6	20	5	40

From the third to the tenth very churliſh cold and windy, with ſtorms of ſnow or rain now and then. The tenth fair and freezing. The thirteenth moiſt air. The fourteenth and fifteenth ſnow or froſt. The eighteenth windy and moiſt. The twentieth rain. The one and twentieth fair. The two and twentieth ſnow or rain. The 26 ſome wind: thence cold and cloudy.

February.

1	Cal.
2	4
3	3
4	Prid.
5	Non.
6	8
7	7
8	6
9	5
10	4
11	3
12	Prid.
13	Idus
14	16
15	15
16	14
17	13
18	12
19	11
20	10
21	9
22	8
23	7
24	6
25	5
26	4
27	3
28	Prid.

March hath xxxi days.

New moon the sixth day, 31 min. past eight at night.
First quarter the 14 day, 2 min. past 10 before noon.
Full moon the 21 day, 57 min. past one in the morn.
Last quarter the 28 day, 52 minutes past 8 in the morn

					Sun rising.		Sun setting.	
1	d	David	Capr.	23	6	18	5	42
2	e	Chad bish.	Aquar.	4	6	16	5	44
3	f	Cunigunda		16	6	14	5	46
4	g	Adrian		28	6	12	5	48
5	A	Midlent sund.	Pisces	10	6	10	5	50
6	b	Frideline		22	6	8	5	52
7	c	Perpetua	Aries	4	6	6	5	54
8	d	Mauritan		17	6	4	5	56
9	e	Pendent.		29	6	2	5	58
10	f	Sun in Aries	Taur.	12	6	0	6	0
11	g	Cunibert		25	5	58	6	2
12	A	5 sun. in lent	Gem.	8	5	56	6	4
13	b	Theodote		21	5	54	6	6
14	c	Leo bish.	Canc.	5	5	52	6	8
15	d	Longinus		19	5	50	6	10
16	e	Cyriacus	Leo	3	5	48	6	12
17	f	Gertrude		18	5	46	6	14
18	g	Edward K.	Virg.	2	5	44	6	16
19	A	Palm-sunday		17	5	42	6	18
20	b	Rupertus	Libra	2	5	40	6	20
21	c	Benedict ab.		17	5	38	6	22
22	d	Paulinus	Scorp.	1	5	36	6	24
23	e	Victorian		15	5	34	6	26
24	f	Good Friday		29	5	32	6	28
25	g	Lady day	Sagit.	12	5	30	6	30
26	A	Easter day		25	5	28	6	32
27	b	Martian	Capr.	7	5	26	6	34
28	c	Gedeon		19	5	24	6	36
29	d	Eustachius	Aquar.	1	5	22	6	38
30	e	Guido		13	5	20	6	40
31	f	Balbina		25	5	18	6	42

The 4 wind or thunder. The 6 frosty or cold. At the tenth good weather begins. The 12 windy. The 14 cloudy. From the 19 to the 23 cold cloudy weather with some wind and snow. The 23 cold abated. The 24 rain-like. Then fair and temperate to the moneths end, but with some wind now and then, and cool the one and thirtieth day.

March.

1	Cal.
2	6
3	5
4	4
5	3
6	Prid.
7	Non.
8	8
9	7
10	6
11	5
12	4
13	3
14	Prid.
15	Idus
16	17
17	16
18	15
19	14
20	13
21	12
22	11
23	10
24	9
25	8
26	7
27	6
28	5
29	4
30	3
31	Prid.

April hath xxx days.

New moon the fifth day, 49 min. past 11 before noon.
First quarter the 12 day, 20 min. past 5 after noon.
Full moon the 19 day, 35 min. past 11 before noon.
Last quarter the 27 day, 15 min. past 3 in the morning.

				Sun rising.		Sun setting.	
1	g	Theodora	Pisces 6	5	16	6	44
2	A	Lowsunday	18	5	14	6	46
3	b	Richard bish.	Aries 1	5	12	6	48
4	c	Ambrose	13	5	10	6	50
5	d	Vincent	26	5	8	6	52
6	e	Sixtus	Taur. 9	5	6	6	54
7	f	Egesippus	22	5	4	6	56
8	g	Dionysius	Gem. 5	5	2	6	58
9	A	2 after Easter	18	5	0	7	0
10	b	Sun in Taur.	Canc. 2	4	58	7	2
11	c	Leo	16	4	56	7	4
12	d	Term begins	29	4	54	7	6
13	e	Justinus	Leo 13	4	52	7	8
14	f	Tiburtius	28	4	50	7	10
15	g	Olympia	Virgo 12	4	48	7	12
16	A	3 after Easter	26	4	46	7	14
17	b	Tres Pasch.	Libra 11	4	45	7	15
18	c	Eleutherius	25	4	43	7	17
19	d	Alphege	Scorp. 9	4	41	7	19
20	e	Sulpitius	23	4	39	7	21
21	f	Simeon	Sagit. 7	4	38	7	22
22	g	Gaius bish.	20	4	36	7	24
23	A	4 after Easter	Capr. 3	4	34	7	26
24	b	Mens. Pasch.	15	4	33	7	27
25	c	Mark Evan.	27	4	31	7	29
26	d	Cletus	Aqua. 9	4	30	7	30
27	e	Anastatius	21	4	28	7	32
28	f	Vitalis	Pisces 3	4	26	7	34
29	g	Pet. of Mil.	14	4	25	7	35
30	A	Rogation	26	4	23	7	37

This moneth begins cool and moiſt, with wind, hail or ſleet at the fourth day and after: and is cool enough till the tenth day. Then fair and hotter weather till the fifteenth. The 16 ſhowers. The 18 and 19 wind and rain. The 20 fair. The 23 cold ſtorms or froſt. The 24 wind and ſtorms. The reſt moſt part fair and good to the moneths end.

April.

1	4
2	3
3	Prid.
4	Non.
5	8
6	7
7	6
8	5
9	4
10	3
11	Prid.
12	Idus
13	19
14	18
15	17
16	16
17	15
18	14
19	13
20	12
21	11
22	10
23	9
24	8
25	7
26	6
27	5
28	4
29	3
30	Prid,

May hath xxxi days.

New moon the 5 day, 52 min. before one in the morn.
First quarter the 11 day, 53 min. past ten at night.
Full moon the 18 day, 18 min. past ten at night.
Last quarter the 26 day, 9 min. past nine at night

			Sun rising.			Sun setting.	
1	b	Phil. & Jam.	Aries 9	4	22	7	38
2	c	Athanasius	21	4	21	7	39
3	d	Invent. Cross.	Taur. 4	4	19	7	41
4	e	Ascension d.	17	4	17	7	43
5	f	Gothardus	Gem. 1	4	16	7	44
6	g	Joh. port. lat.	14	4	14	7	46
7	A	6 sun. aft. East	28	4	13	7	47
8	b	Term ends	Canc. 12	4	11	7	49
9	c	Nicholaus	26	4	9	7	51
10	d	Gordianus	Leo 10	4	7	7	53
11	e	Sun in Gem.	24	4	6	7	54
12	f	Pancratius	Virg. 8	4	5	7	55
13	g	Servatius	22	4	4	7	56
14	A	Whitsunday	Libr. 6	4	2	7	58
15	b	Sophia	21	4	1	7	59
16	c	Peregrinus	Scorp. 4	4	0	7	0
17	d	Ember week	18	3	59	8	1
18	e	Potent.	Sag. 2	3	58	8	2
19	f	Dunstan	15	3	57	8	3
20	g	Bernardine	28	3	56	8	4
21	A	Trin. Ordin.	Capr. 11	3	55	8	5
22	b	Craft. Trin.	23	3	54	8	6
23	c	Desiderius	Aqua. 5	3	53	8	7
24	d	Urbanus	17	3	52	8	8
25	e	Corp. Christi	29	3	51	8	9
26	f	Term begins	Pisc. 10	3	50	8	10
27	g	Ven. Beda	22	3	49	8	11
28	A	1 after Trin.	Aries 4	3	48	8	12
29	b	K. Charles ret	17	3	47	8	13
30	c	Wigandus	29	3	46	8	14
31	d	Petronella	Taur. 12	3	46	8	14

This moneth begins fair and windy, then hot weather till the 6 day. The 6 and 8 cool and moist. The 10 and 11 wind or thunder or both. The 12, 13, and 14 obscure and cloudy. The 15 moist. The 16 some wind. The 20 wind and thunder; then hot weather, and turbulent the 24. The 27 and 28 wind and rain. The 30 and 31 very various.

May.

1	Cal.
2	6
3	5
4	4
5	3
6	Prid.
7	Non.
8	8
9	7
10	6
11	5
12	4
13	3
14	Prid.
15	Idus
16	17
17	16
18	15
19	14
20	13
21	12
22	11
23	10
24	9
25	8
26	7
27	6
28	5
29	4
30	3
31	Prid.

June hath xxx days.

New moon the 3 day, 15 min. past 10 before noon.
First quarter the 10 day, 55 min. past 3 in the morning.
Full moon the 17 day, 24 min. past 10 before noon.
Last quarter the 25 day, 29 min. past one after noon.

						Sun rising.		Sun setting.	
1	e	Nichomede	Taur.	25	3	46	8	14
2	f	Marcelline	Gem.	9	3	46	8	14
3	g	Erasmus		23	3	45	8	15
4	A	2 after Trin.	Canc.	7	3	45	8	15
5	b	Quind. Trin.		22	3	45	8	15
6	c	Artemius	Leo	6	3	44	8	16
7	d	Robert Ab.		21	3	44	8	16
8	e	Medard	Virgo	5	3	44	8	16
9	f	Barnimus		19	3	43	8	17
10	g	Getulius	Libra	3	3	43	8	17
11	A	☉ ♋ Barnab		17	3	43	8	17
12	b	Basil Conf.	Scorp.	1	3	43	8	17
13	c	Cyrill		14	3	43	8	17
14	d	Term ends		28	3	43	8	17
15	e	Valerius	Sagit.	11	3	43	8	17
16	f	Vitus		24	3	44	8	16
17	g	S. Alban m.	Capr.	6	3	44	8	16
18	A	4 after Trin.		19	3	44	8	16
19	b	Gervase	Aquar.	1	3	45	8	15
20	c	K. Ed. transl		13	3	45	8	15
21	d	X. M. martyr.		25	3	45	8	15
22	e	Achasius	Pisces	7	3	46	8	14
23	f	Basil Fast		19	3	46	8	14
24	g	John Baptist	Aries	0	3	46	8	14
25	A	5 after Trin.		12	3	47	8	13
26	b	Jeremias		25	3	47	8	13
27	c	7 Sleepers	Taur.	7	3	48	8	12
28	d	Leo Fast		20	3	48	8	12
29	e	Peter Apost.	Gem.	4	3	49	8	11
30	f	Com. of Paul		17	3	50	8	10

The first half of this moneth affords much hot weather. About the tenth some wind and rain. The fifteenth tempestuous. Afterwards obscure and cool, with some hail about the seventeenth and eighteenth days. But from the one and twenty to the end very fine pleasant weather. The last day some thunder.

June.

1	Cal.
2	4
3	3
4	Prid.
5	Non.
6	8
7	7
8	6
9	5
10	4
11	3
12	Prid.
13	Idus.
14	18
15	17
16	16
17	15
18	14
19	13
20	12
21	11
22	10
23	9
24	8
25	7
26	6
27	5
28	4
29	3
30	Prid.

July hath xxxi days.

New moon the second day, 50 min. past six at night.
First quarter the 9 day. 43 min. past nine before noon.
Full moon the 17 day, 34 min. before one in the morn.
Last quarter the 25 day, 53 min. past three in the morn.

					Sun rising.		Sun setting.	
1	g	Theobald	Canc.	1	3 53	8		7
2	A	6 after Trin.		16	3 54	8		6
3	b	Cornelius	Leo	1	3 55	8		5
4	c	Ulricus		16	3 56	8		4
5	d	Anselme	Virgo	0	3 57	8		3
6	e	Hector		15	3 58	8		2
7	f	Becket	Libra	0	3 59	8		1
8	g	Thilianus		14	4 0	8		0
9	A	7 after Trin.		28	4 1	7		59
10	b	7 Brethren	Scorp.	11	4 3	7		57
11	c	Pius		24	4 4	7		56
12	d	Henricus	Sagit.	8	4 6	7		54
13	e	Sun in Leo		20	4 7	7		53
14	f	Bonavent.	Capr.	3	4 8	7		52
15	g	Swithin		15	4 10	7		50
16	A	8 after Trin.		27	4 11	7		49
17	b	Alexius	Aquar.	9	4 13	7		47
18	c	Rosina		21	4 15	7		45
19	d	Dog da. beg.	Pisces	3	4 16	7		44
20	e	Margaret		15	4 18	7		42
21	f	Arbogastus		27	4 19	7		41
22	g	Mary Mag.	Aries	9	4 21	7		39
23	A	9 after Trin.		21	4 22	7		38
24	b	Christin. fast	Taur.	3	4 24	7		36
25	c	James apost.		16	4 26	7		34
26	d	Anna		29	4 27	7		33
27	e	Martha	Gem.	12	4 29	7		31
28	f	Panthaleon		25	4 30	7		30
29	g	Beatrix	Canc.	10	4 32	7		28
30	A	10 after Trin.		24	4 34	7		26
31	b	Germanus	Leo	9	4 36	7		24

The beginning of this moneth is ſomething cool and moiſt. The ſixth day wind and wet. At the eighth, and many days after, very hot weather. The 14 rain. The 18 thunder; and ſo the 19, with ſome hail. The 21,22, 23 cool rain and moiſt air. But thence far better. The 29 day, thunder. The thirty and one and thirty windy and fair.

July.

1	Cal.	
2	6	
3	5	Commencement tueſday.
4	4	
5	3	
6	Prid.	
7	Non.	
8	8	
9	7	
10	6	
11	5	
12	4	
13	3	
14	Prid.	
15	Idus.	
16	17	
17	16	
18	15	
19	14	
20	13	
21	12	
22	11	
23	10	
24	9	
25	8	
26	7	
27	6	
28	5	
29	4	
30	3	
31	Prid.	

Auguſt hath xxxi days.

New moon the 1 day, 33 min. paſt 1 in the morning.
Firſt quarter the 7 day, 50 min. paſt 5 after noon.
Full moon the 15 day, 8 minutes paſt 4 after noon.
Laſt quarter the 23 day, 18 min. paſt 4 after noon.
New moon 30 day, 12 min. paſt 10 before noon.

						Sun riſing.			Sun ſetting.	
1	c	Lammas day	Leo	24	4	37	7		23	
2	d	Stephanus	Virg.	9	4	39	7		21	
3	e	Dominicus		24	4	41	7		19	
4	f	Ariſtarchus	Libr.	9	4	43	7		17	
5	g	Oſwald		24	4	44	7		16	
6	A	11 after Trin.	Scor.	8	4	46	7		14	
7	b	Victrice		21	4	48	7		12	
8	c	Hyacus	Sagit.	5	4	50	7		10	
9	d	Romanus		17	4	52	7		8	
10	e	Lawrence	Capr.	0	4	54	7		6	
11	f	Tiberius		12	4	56	7		4	
12	g	Clare		24	4	58	7		2	
13	A	Sun in Virg.	Aqua.	6	5	0	7		0	
14	b	Euſebius		18	5	2	6		58	
15	c	Aſſump. Mary	Piſc.	0	5	4	6		56	
16	d	Roch		12	5	6	6		54	
17	e	Mammes		24	5	8	6		52	
18	f	Helena	Aries	6	5	10	6		50	
19	g	Sebaldus		18	5	12	6		48	
20	A	13 after Trin.	Taur.	0	5	14	6		46	
21	b	Cyriaca		12	5	16	6		44	
22	c	Simphronia		25	5	18	6		42	
23	d	Zacheus Faſt	Gem.	8	5	20	6		40	
24	e	Barthol. Apoſt.		21	5	22	6		38	
25	f	Lewis	Canc.	4	5	24	6		36	
26	g	Irenens		18	5	26	6		34	
27	A	Dog days end	Leo	3	5	28	6		22	
28	b	Auguſtine		17	5	30	6		30	
29	c	Decol. J. B.	Virg.	2	5	32	6		28	
30	d	Felix preſb.		18	5	34	6		26	
31	e	Paulinus	Libra	7	5	36	6		24	

Hot windy weather begins the moneth. The fourth day heat and ſome thunder. The eigth day cooler. The tenth cloudy. The eleventh thunder-like. The fifteenth day ſome thunder, hail or cloudy cloſe weather. The 18 and 19 ſcarce fair. But after the 25 very bad for harveſt by reaſon of wind and ſtorms.

Auguſt.

1	Cal.
2	4
3	3
4	Prid.
5	Non.
6	8
7	7
8	6
9	5
10	4
11	3
12	Prid.
13	Idus
14	19
15	18
16	17
17	16
18	15
19	14
20	13
21	12
22	11
23	10
24	9
25	8
26	7
27	6
28	5
29	4
30	3
31	Prid.

September hath xxx days.

First quarter the 6 day, 20 min. past 5 in the morn.
Full moon the 14 day, 39 min. past 8 in the morn.
Last quarter the 22 day, 10 min. past 3 in the morn.
New moon the 28 day, 50 minutes past 6 at night.

				Sun rising.		Sun setting.	
1	f	Giles ab.	Libra 18	5	37	6	23
2	g	Veronica	Scorp. 3	5	39	6	21
3	A	15 after Trin.	17	5	40	6	20
4	b	Theodosia	Sagit. 1	5	42	6	18
5	c	Zacharias	14	5	44	6	16
6	d	Magnus	27	5	46	6	14
7	e	Regina	Capr 9	5	48	6	12
8	f	Nat. of Mary	21	5	50	6	10
9	g	Gorgonius	Aquar. 3	5	52	6	8
10	A	16 after Trin.	15	5	54	6	6
11	b	Fel. & Reg.	27	5	56	6	4
12	c	Guidon	Pisces 9	5	58	6	2
13	d	Sun in Libra	21	6	0	6	0
14	e	Holy Crosse	Aries 3	6	2	5	58
15	f	Nichodemus	15	6	4	5	56
16	g	Euphemia	27	6	6	5	54
17	A	17 after Trin.	Taur. 9	6	8	5	52
18	b	Ferreolus	22	6	11	5	49
19	c	Januarius	Gem. 4	6	13	5	47
20	d	Ember week	17	6	15	5	45
21	e	Matthew ap.	Canc. 0	6	18	5	42
22	f	Mauritius	14	6	20	5	40
23	g	Eldrag	27	6	22	5	38
24	A	Ordination	Leo 12	6	24	5	36
25	b	Cleophas	26	6	26	5	34
26	c	Cyprian	Virg. 11	6	28	5	32
27	d	Cos. & Dam.	26	6	30	5	30
28	e	wenceslaus	Libra 11	6	32	5	28
29	f	Michael arch.	26	6	34	5	26
30	g	Hierom	Scorp. 11	6	36	5	24

The first and second some wind. The fourth day hot. The sixth and seventh cool and moist. The ninth, tenth, eleventh, twelfth, thirteenth fine temperate weather. The fourteenth, fifteenth, sixteenth cloudy, moist and cool. The eighteenth thunder-like and hot. The twenty fourth fair, hot, and windy. The last day cool and windy.

September.

1	Cal.	
2	3	
3	4	
4	Prid.	
5	Non.	
6	8	
7	7	
8	6	
9	5	
10	4	
11	3	
12	Prid.	
13	Idus.	
14	18	
15	17	
16	16	
17	15	
18	14	
19	13	
20	12	
21	11	
22	10	
23	9	
24	8	
25	7	
26	6	
27	5	
28	4	
29	3	
30	Prid.	

October hath xxxi days.

First quarter the 5 day, 56 min. past 8 at night.
Full moon the 14 day, 17 minutes past 1 in the morn.
Last quarter the 21 day, 32 minutes past noon.
New moon the 28 day, about 5 in the morning.

						Sun rising.		Sun setting.	
1	☌	19 after Trin.	Scorp.	25	6	39	5	21	
2	b	Leodegar	Sag.	9	6	41	5	19	
3	c	Maximian		22	6	43	5	17	
4	d	Francis	Capr.	5	6	45	5	15	
5	e	Galla vidua		18	6	47	5	13	
6	f	Faith virg.	Aqua.	0	6	49	5	11	
7	g	Marcellus		12	6	50	5	10	
8	☌	20 after Trin.		24	6	52	5	8	
9	b	Dyonisius	Pisc.	6	6	54	5	6	
10	c	Gedeon		17	6	56	5	4	
11	d	Burchard		29	6	58	5	2	
12	e	Wilfrid	Aries	11	7	0	5	0	
13	f	Sun in Scorp.		24	7	2	4	58	
14	g	Calixtus	Taur.	6	7	4	4	56	
15	☌	21 after Trin.		19	7	6	4	54	
16	b	Gallus	Gem.	1	7	8	4	52	
17	c	Florentius		14	7	10	4	50	
18	d	Luke Evang.		27	7	12	4	48	
19	e	Ptolome	Canc.	11	7	14	4	46	
20	f	Tres Mich		24	7	15	4	45	
21	g	Ursula	Leo	8	7	17	4	43	
22	☌	22 after Trin.		23	7	19	4	41	
23	b	Term begins	Virg.	6	7	20	4	40	
24	c	Salome		20	7	22	4	38	
25	d	Crispinus	Libra	5	7	24	4	36	
26	e	Amandus		20	7	25	4	35	
27	f	Mens. Mic. fast	Scorp.	4	7	27	4	33	
28	g	Simon & Jud		19	7	29	4	31	
29	☌	23 after Trin.	Sag.	3	7	30	4	30	
30	b	Theonestus		17	7	32	4	28	
31	c	Wolfg. Fast	Capr.	0	7	33	4	27	

The four first days moist windy weather. The sixth and seventh windy and fair. The ninth, tenth, and eleventh windy and wet: then better weather follows for many days. The seventeenth and eighteenth cool and cloudy. The 20 and 21 some wind and wet. The 23 warm. The 25 rain: then great wind and slabby weather. Onely the three last days are better.

October.

1	Cal.	
2	6	
3	5	
4	4	
5	3	
6	Prid.	
7	Non.	
8	8	
9	7	
10	6	
11	5	
12	4	
13	3	
14	Prid.	
15	Idus	
16	17	
17	16	
18	15	
19	14	
20	13	
21	12	
22	11	
23	10	
24	9	
25	8	
26	7	
27	6	
28	5	
29	4	
30	3	
31	Prid.	

November hath xxx days.

First quarter the 4 day, 15 minutes past 4 at night.
Full moon the 12 day, 27 minutes past five at night.
Last quarter the 19 day, 56 min. past 8 at night.
New moon the 26 day, 39 minutes past 5 at night.

					Sun rising.		Sun setting.	
1	D	All Saints	Capr.	13	7	35	4	25
2	E	All souls		26	7	37	4	23
3	F	Cras. anim.	Aqua.	8	7	39	4	21
4	G	Modestine		20	7	41	4	19
5	A	Powder treas	Pisc.	1	7	43	4	17
6	B	Leonard		14	7	45	4	15
7	C	Florentius		26	7	47	4	13
8	D	Claudius	Aries	8	7	49	4	11
9	E	Theodorus		20	7	51	4	9
10	F	Erastus	Taur.	2	7	52	4	8
11	G	Martin bish.		15	7	54	4	6
12	A	Sun in Sagit.		28	7	55	4	5
13	B	Brice	Gem.	11	7	57	4	3
14	C	Frederick		24	7	58	4	2
15	D	Leopoldus	Canc.	7	7	59	4	1
16	E	Edmond dep.		21	8	0	4	10
17	F	Anianus	Leo	5	8	1	3	59
18	G	Octab. Mart.		18	8	2	3	58
19	A	26 after Trin.	Virg.	2	8	3	3	57
20	B	Agapine		17	8	4	3	56
21	C	Oblat. Mart.	Libra	1	8	5	3	55
22	D	Cecilia		15	8	6	3	54
23	E	Clemens		29	8	7	3	53
24	F	Chrysog.	Scorp.	14	8	8	3	52
25	G	Quind. Mart.		28	8	9	3	51
26	A	27 after Trin	Sag.	12	8	10	3	50
27	B	Agricola		25	8	11	3	49
28	C	Term ends	Capr.	8	8	12	3	48
29	D	Saturn Fast		21	8	12	3	48
30	E	Andrew ap.	Aquar.	4	8	13	3	47

The third and fourth wind and ſtorms. The ſeventh and eighth ſome froſt. The ninth and tenth rain and wind. The eleventh day ſnow or ſleet. Then cold, cloudy moiſt air follows, with ſnow now and then. And towards the end of the moneth freezing, and ſome wind.

November.

1	Cal.
2	4
3	3
4	Prid.
5	Non.
6	8
7	7
8	6
9	5
10	4
11	3
12	Prid.
13	Idus
14	18
15	17
16	16
17	15
18	14
19	13
20	12
21	11
22	10
23	9
24	8
25	7
26	6
27	5
28	4
29	3
30	Prid.

December hath xxxi days.

First quarter the 4 day, 51 min. past one after noon.
Full moon the 12 day, 26 min. past 8 in the morning.
Last quarter the 19 day, 57 min. past 4 in the morning
New moon the 26 day, 5 min. past 9 before noon.

					Sun rising.		Sun setting.	
1	f	Eligius	Aqua.	16	8	14	3	46
2	g	Candida		28	8	14	3	46
3	A	Advent sund.	Pisc.	10	8	15	3	45
4	b	Barbara		22	8	15	3	45
5	c	Sabine	Aries	4	8	15	3	45
6	d	Nicholaus		16	8	16	3	45
7	e	Ambrose bish		28	8	16	3	44
8	f	Concep. Mary	Taur.	10	8	16	3	44
9	g	Joachim		23	8	16	3	44
10	A	2 sun. in Adv.	Gem.	6	8	17	3	43
11	b	Sun in Capric		19	8	17	3	43
12	c	Epimachius	Canc.	3	8	17	3	43
13	d	Lucy virg.		16	8	17	3	43
14	e	Nicasius	Leo	1	8	17	3	43
15	f	Abraham		15	8	17	3	43
16	g	O Sapientia		29	8	16	3	43
17	A	3 sun. in Adv	Virgo	13	8	16	3	44
18	b	Christopher		28	8	16	3	44
19	c	Nemesius	Libr.	12	8	15	3	44
20	d	Ember week:		26	8	15	3	45
21	e	Thomas Ap.	Scorp.	10	8	15	3	45
22	f	Theodosius		23	8	15	3	45
23	g	Victor Fast	Sagit.	7	8	14	3	46
24	A	Ordination		20	8	14	3	46
25	b	Christmas da.	Capr.	4	8	13	3	47
26	c	S. Stephen		17	8	12	3	48
27	d	S. John Evan.		29	8	11	3	49
28	e	Innocents d.	Aqua.	12	8	10	3	50
29	f	Thom. Bec.		24	8	9	3	51
30	g	David	Pisc.	6	8	8	3	52
31	A	1 sund. aft. Ch.		18	8	7	3	53
						6	3	54

The beginning right for winter: but the fourth and fifth abates the cold. The ſeventh rain-like: and ſo on the ninth. The twelfth ſnow: and ſo on the fifteenth, with wind then. On the eighteenth cold again abated. About S. Thom froſt and ſnow, with cold winterly weather to the moneths end.

December.

1	Cal.
2	4
3	3
4	Prid.
5	Non.
6	8
7	7
8	6
9	5
10	4
11	3
12	Prid.
13	Idus
14	19
15	18
16	17
17	16
18	15
19	14
20	13
21	12
22	11
23	10
24	9
25	8
26	7
27	6
28	5
29	4
30	3
31	Prid.

A plain and easie Table, shewing the true time of the beginning, continuance, and years since the reign of each King and Queen in *England*, from the Conquest untill this present year, 1665.

The Kings Names.	Began their Reigns.		Reigned Y.	M.	D.	Since their Reign.		
W. Conqu.	1066	Oct.	15	20	11	12	578	Sept. 9
W. Rufus	1087	Sept.	9	12	11	19	565	Aug. 1
Henry 1.	1100	Aug.	1	35	4	1	530	Dec. 2
Stephen	1135	Dec.	2	18	11	18	511	Oct. 25
Henry 2.	1154	Oct.	25	34	9	1	476	July 6
Richard 1.	1185	July	6	9	9	0	466	April 6
King John	1199	April	6	17	7	0	449	Oct. 19
Henry 3.	1216	Oct.	19	56	1	0	393	Nov. 16
Edward 1.	1272	Nov.	16	34	8	6	358	July 7
Edward 2.	1307	July	7	19	7	5	339	Jan. 25
Edward 3.	1326	Jan.	25	50	5	7	288	Jun. 21
Richard 2.	1377	Jun.	21	22	3	14	296	Sept. 29
Henry 4.	1399	Sept.	25	13	6	3	253	Mar. 20
Henry 5.	1412	Mar.	20		5	24	243	Aug. 31
Henry 6.	1422	Aug	31	38	6	8	205	Mar. 4
Edward 4	1460	Mar.	4	22	1	8	182	April 9
Edward 5.	1 83	April	9	0	2	18	182	Jun. 22
Richard 3.	1 83	Jun	22	2	2	5	180	Aug. 22
Henry 7.	1485	Aug.	21	23	10	2	156	April 22
Henry 8.	1509	April	2	37	10	2	116	Jan. 29
Edward 6.	1547	Jan.	28	6	5	10	112	July 6
Qu. Mary	1554	July	6	5	4	12	107	Nov. 17
Qu. Elizab.	1558	Nov.	17	4	4	16	63	Mar. 24
King James	1602	Mar.	24	22	0	3	40	Mar 27
K. Charls 1.	1625	Mar.	27	23	10	2	17	Jan. 30
K. Charls 2.	1648	Jan.	30	Whom God preserve.				

POND

POND
MDCLXV.

The latter part of this ALMANACK for the year of our LORD GOD 1665.

Being the first after Bissextile or Leap-year, and from the Conquest of *William* Duke of *Normandy* 599 years.

Frigidus & siccus Satur. Jup. *æstuat udus.*
Mars *&* Sol *sicci fervent: sed* Luna Venúsque
Udæ frigescunt: medius Cylenius *esto.*

Inter spem curámque, timores inter, & iras,
Omnem crede diem tibi diluxisse supremum.

CAMBRIDGE:
Printed by *John Field*, Printer to the *University*. 1665.

Of the Eclipſes this year.

THe Sun will be thrice eclipſed this year, but not ſeen in *England*.

The Moon twice, and may be ſeen of us, if clouds hinder not.

The firſt of thoſe of the Moon will be on the 21 day of January. It beginneth at 53 minutes paſt 4 in the morning; is at its greateſt darkneſs at ſix, and by 5 minutes paſt 7 it is quite over.

The other is a very ſmall one on the 16 day of July. It beginneth 46 minutes paſt 11 at night, and by 24 minutes paſt 12 is ended.

Of

Of the four quarters of the year.

The *Vernal* quarter derives his name *à virendo*, from flouriſhing; *quia tunc omnia virent & florent*, becauſe all things then flouriſh: this being the firſt quarter in the year, as appeareth by the old diſtich.

Omnia cùm vireant, tunc eſt nova temporis ætas
Sic annus per Ver incipiendus erit.

This quarter beginneth *March* the 10, the Sun then entring into the firſt degree of *Aries*, producing the firſt *Equinox*, and continueth till *June* the 10: in which time the Sun runneth through *Aries*, *Taurus*, & *Gemini*. It is a Quarter naturally (though accidentally it ſometime prove otherwiſe) hot and moiſt, reſembled to the Meridian-region of the world, the South-wind, the Air, the Sanguine complection, and to infancy. The ordinary diſeaſes (according to the common courſe) of this quarter be Leproſies, Red-ſpots, Feavers of blood, ſmall pox, with other infirmities proceeding of blood.

The *Æſtival* quarter is next. It beginneth *June* the 11, the Sun then entring into the firſt degree of *Cancer*: and continueth till *September* the 12: during which time the Sun runneth through theſe three celeſtial conſtellations, viz. *Cancer*, *Leo* and *Virgo*. It deriveth the name *ab æſtu*, from the exceeding heat which uſeth to be now, as alſo the Engliſh word Summer doth: for it is called ſummer, *quaſi* ſunne mehr, as the *Germans* ſpeak; that is, *plus ſolis*, becauſe we have more of the ſun then, then at any other time.

This quarter is naturally hot and dry, reſembled to the Oriental region of the world, to the Eaſt, to Choler, to Youth. The ſicknelles agreeing hereunto be Sto-

stomach-aking, Apostbumes, pestilent Feavers, Jaundise, with other infirmities proceeding of choler, According to the *Arabians* this is the first quarter of the year, who hold that the Sun was made in *Leo*: and their reason is, because the *Lion* is the house of the *Sun*. *Mercator* in his Chronologie is of the same minde, but backs his opinion very weakly.

The *Autumnal* quarter beginneth *September* the 13, the Sun entring into the first degree of *Libra*, producing the second *Equinox*; and continueth till the 11 of *December*: in which time the Sun runneth through *Libra*, *Scorpio*, and *Sagittarius*.

This quarter the *Jews* own for the first quarter of the year: and their reason is, *quia tempus est fructuosum*, because it is a time of fruit; according to that in the Scripture, *Et protulit terra herbam virentem facientem fructum juxtá genus suum*, And the earth brought forth the green herb yeelding fruit according to its kind. It is a quarter naturally cold and dry, resembled to the Septentrional-region of the world, to the North wind, to the Earth, to Melancholy, and to the declining age of man. The diseases properly incident to it be pains in the back, darkness of sight, retention of urine, also the canker, fistoloes, emrods, with other infirmities proceeding of melancholy.

The *Hyémal* or winter quarter (being naturally cold & moist, resembled to the Occidental-region of the world; to the west, to water, to flegm, and to old age) beginneth *December* the 10, the Sun then entring into the first degree of *Capricorn*; and continueth till *March* the 10: in which time the Sun runneth through these three celestial signs, viz. *Capricorn*, *Aquarius*, and *Pisces*.

This quarter, though of us accounted the last, yet by *Numa Pompilius* it was accounted the first, and that for

by this reason; *quia tunc Sol [illegible] ascendere incipit*; because the Sun then begins to ascend the Ecliptick: whence the Poet, *Ovid* by name,

Bruma novi primus est veteris novissima solis:
Principium capiunt Phœbus & Annus idem.

The diseases incident to this quarter be commonly pushes in the face, tooth-ach, scabs, fluxes of blood by the inferiour parts, palsies, gouts, with other diseases proceeding of flegme.

A medicine for the Gout.

The roots of Comfry taken fresh, beaten small, and spread upon leather, and laid upon any place troubled with the Gout, doth presently give ease of the pains, as by often experience hath been found. It is good also for pains in the joynts, Gangrens, and is very profitable for running and moist ulcers.

A medicine for a Boyl.

The herb Balm is an herb of *Jupiter*, and under *Cancer*. This herb, if it be bruised and boyled in a little wine and oyl, and laid warm on a Boyl, it will ripen and break it.

A medicine to cure Numbness, &c.

Take an oyl made of the Berries of the Bay-tree, and therewith anoint the place, for it is very comfortable in all cold griefs of the joynts, Nerves, Arteries, Stomach, Belly or Womb; and helpeth Palsies, Cramps, Convulsions, Ache, Trembling and Numbness in any part, weariness also and pains that come by sore travelling.

Stomach-aking, Apoſthumes, peſtilent Feavers, Jaundiſe, with other infirmities proceeding of choler, According to the *Arabians* this is the firſt quarter of the year, who hold that the Sun was made in *Leo*: and their reaſon is, becauſe the *Lion* is the houſe of the *Sun*. *Mercator* in his Chronologie is of the ſame minde, but backs his opinion very weakly.

The *Autumnal* quarter beginneth *September* the 13, the Sun entring into the firſt degree of *Libra*, producing the ſecond *Equinox*; and continueth till the 11 of *December*: in which time the Sun runneth through *Libra*, *Scorpio*, and *Sagittarius*.

This quarter the *Jews* own for the firſt quarter of the year: and their reaſon is, *quia tempus eſt fructuoſum*, becauſe it is a time of fruit; according to that in the Scripture, *Et protulit terra herbam virentem facientem fructum juxta genus ſuum*, And the earth brought forth the green herb yeelding fruit according to its kind. It is a quarter naturally cold and dry, reſembled to the Septentrional-region of the world, to the North wind, to the Earth, to Melancholy, and to the declining age of man. The diſeaſes properly incident to it be pains in the back, darkneſs of ſight, retention of urine, alſo the canker, fiſtoloes, emrods, with other infirmities proceeding of melancholy.

The *Hyemal* or winter quarter (being naturally cold & moiſt, reſembled to the Occidental-region of the world; to the weſt, to water, to flegm, and to old age) beginneth *December* the 10, the Sun then entring into the firſt degree of *Capricorn*; and continueth till *March* the 10: in which time the Sun runneth through theſe three celeſtial ſigns, viz. *Capricorn*, *Aquarius*, and *Piſces*.

This quarter, though of us accounted the laſt, yet by *Numa Pompilius* it was accounted the firſt, and that for

by this reason; *quia tunc Sol [illegible] ascendere incipit*; because the Sun then begins to ascend the Ecliptick: whence the Poet, *Ovid* by name,

Bruma novi prima est veterisque novissima solis:
Principium capiunt Phœbus & Annus idem.

The diseases incident to this quarter be commonly pushes in the face, tooth-ach, scabs, fluxes of blood by the inferiour parts, palsies, gouts, with other diseases proceeding of flegme.

A medicine for the Gout.

The roots of Comfry taken fresh, beaten small, and spread upon leather, and laid upon any place troubled with the Gout, doth presently give ease of the pains, as by often experience hath been found. It is good also for pains in the joynts, Gangrens, and is very profitable for running and moist ulcers.

A medicine for a Boyl.

The herb Balm is an herb of *Jupiter*, and under *Cancer*. This herb, if it be bruised and boyled in a title wine and oyl, and laid warm on a Boyl, it will ripen and break it.

A medicine to cure Numbness, &c.

Take an oyl made of the Berries of the Bay-tree, and therewith anoint the place, for it is very comfortable in all cold griefs of the joynts, Nerves, Arteries, Stomach, Belly or Womb; and helpeth Palsies, Cramps, Convulsions, Aches, Trembling and Numbness in any part; weariness also and pains that come by sore travelling.

A medicine for womens breasts.

Bean flower made into a Pultiss is good to assuage Inflamations rising upon wounds, and to help the swellings of womens breasts caused by the curdling of their Milk, repressing their Milk, &c.

Against Chilblains or Kibes.

Take the common white Beet, & boyl the leaves thereof in water: then take and lay them upon Kibes or Chilblains, and it will help them.

Against the Tooth-ach.

The decoction of Wood Betony made in Wine, and gargled in the mouth, easeth the Tooth-ach. This herb is appropriated to the Planet *Jupiter*, and the sign *Aries*. A decoction of Hyssop in vinegar will do the like: it must be sodden to halfs.

Good against the Itch.

The leaves of the Bramble or Black-berry-bush boyled in Lie, and the Head washed therewith, healeth the Itch and the running sores thereof, but will die the Hair into a black, or at the least make it blacker then it was before.

Good against Deafness.

The juice of either the Winter or Summer-savory heated with a little of Roses, and dropped into the ears, easeth them of the Noise and Singing in them, and of Deafness also.

Good

Good againſt Worms:

The ſeed of Purſlane bruiſed and boyled in wine, and given to children, expelleth the Worms.

Good for the Liver and Spleen.

The decoction either of the Leaves or Bark of the Maple-tree, is very good to ſtrengthen the Liver: and is alſo good to open obſtructions both of the Liver and Spleen, and eaſeth pains of the ſides proceeding from thence.

For a ſore Mouth or Throat.

The flowers of Mallows boyled in oyl or water, whereunto a little Honey and Allum is put, is an excellent Gargle to waſh, cleanſe, and heal any ſore Mouth, or Throat, in a ſhort ſpace.

For a broken-winded Horſe.

The herb Lungwort boyled in Beer is an excellent remedy for broken-winded Horſes: which you may give them as you give any other Drink.

For a Pin and web in the Eye.

The fine powder of Liquoris blown through a Quil into the eyes that have a Pin and Web (as they call it) or Rewmatick Diſtillations into them, doth cleanſe and help them.

For the Ague.

The Decoction of the leaves and ſeeds of Saint Johns-wort being drunk ſomewhat warm before

the fits of Agues, whether they be Tertians or Quartans, doth alter the fits, and by often using doth take them quite away.

The vertues of Clove-Gilli-flowers as they be set down by Mr Culpeper *in his* Englifh Phyfician.

THey are gallant fine temperate flowers, of the nature and under the dominion of *Jupiter*; yea, fo temperate, that no exceſs, neither in heat, cold, drineſs, nor moiſture can be perceived in them. They are great ſtrengtheners both of the Brain & Heart, and will therefore ſerve either for Cordials or Cephalicks as your occaſion is. There is both a Syrup and a Conſerve made of them: to take now & then a little of either, ſtrengthens nature much, to ſuch as are in Conſumptions. They are alſo good in hot Peſtilential Fevers, and expell poyſon.

Sed contra vim mortis non eſt medicamen in hortis. Statutum enim eſt omnibus ſemel mori, Heb. 9, 27.

Other Phyſical Obſervations.

LEt blood at no time without great cauſe; for it bringeth weakneſs and many infirmities. If ye do, ſee it be after good digeſtion and faſting, in a fair temperate day, if it may be. Beware before of all manner of exercifes, as bathing, watching, carnal copulation, &c. After, uſe fine meats of light digeſtion, abſtaining from all aforeſaid until the 4 day.

Theſe

These Signes are ill for bloud-letting, the Moon being in them, viz. *Taurus*, *Gemini*, *Leo*, *Virgo*, and *Capricorn*, with the last half of *Libra* and *Scorpio*: the rest are all good, if the Moon bear no dominion in that member which ye cut.

Furthermore, in letting of bloud you must know what persons are fit to bleed, and what not: and if they be fit, how it is with the patient inwardly, for his complexion and age; outwardly, for the time of the year, time of the moneth, day, and diet.

For Complexion.

For the Flegmatick, let the Moon be in *Aries* or *Sagittarius*: for the Melancholy, in *Libra* or *Aquarius*: for the Cholerick, in *Cancer* or *Pisces*: and for the Sanguine, in any of the aforesaid, *Luna signum membro dominans peragrante.*

For age let bloud.

In youth, from the change to the first quarter.
In middle age, from the first quarter to the full.
In elder age, from the full to the last quarter.
In old age, from the last quarter to the change.

For the time of the year.

The *Spring* is best, *Autumn* indifferent, the rest of the year bad, and to be used but upon necessitie.

In Spring *and* Summer *let the right arm bloud,*
The Fall *and* Winter *for the left more good.*

For the time of the moneth:

Let not blond three days before nor three days after the change: nor the day before, nor the day after the conjunction of *Luna* and *Saturn*, or of *Luna* and *Mars*; nor when *Venus* and *Luna* be in conjunction, if *Venus* at the same time be combust. The best and fittest time is, when the *Moon* is aspected with *Jupiter* or *Venus* incombust; or in Sextile or Trine with *Sol* or *Mars*.

The time of the day.

The morning after Sun-rising fasting is the best: or in the after noon towards evening after perfect digestion, if the air be temperate, and the wind not south.

Diet after bleeding.

Sleep not presently, Stir not violently,
Feed but warily, Use no Venerie
Soon after Phlebotomie.

45

But notwithstanding these rules let it be further observed, that for the *Pestilence*, the *Phrensie*, the *Pleurisie*, the *Squinacy*, the *Apoplexy*, a continual *Headach* growing of choler or bloud, a hot burning fever, or any other extreme pain, we are not to tarry for a chosen time, but must presently with all convenient speed seek a remedie: but then bloud is not to be let out in so great a quantity as if a chosen time were had.

And

And as for purging, take these rules.

The ☽ in ♋ in ✱ or △ with	♀ Purge choler ♀ not combust ☉ Purge phlegme ♃ Purge melancholy	with Electuaries.
The ☽ in ♒ in ✱ or △ with	♀ Purge choler ♀ not combust ☉ Purge phlegme ♃ Purge melancholy	with Potions.
The ☽ in ♓ in ✱ or △ with	♀ Purge choler ♀ not combust ☉ Purge phlegme ♃ Purge melancholy	with Pills.
The ☽ in ♎ or ♒ in ✱ or △ with	♀ Purge choler ♀ not combust ☉ Purge phlegme ♃ Purge melancholy	with any kinde of medicine.

But see that the Moon be not in any of the signs that chew the cud; as *Aries, Taurus, Capricorn*: for then the medicine will stay but little with the Patient, causing him to vomit; unless you intend to purge by vomiting, for then indeed these signs are good. Also, in purging melancholy let not *Saturn* have the dominion; nor *Jupiter*, when you purge the sanguine; nor *Mars*, when you purge the cholerick.

Good to	the Moon in
Prepare humours	*Gemini, Libra*, or *Aquar.*
Vomit	*Aries, Taurus*, or *Capricorn*
Purge by neezing	*Cancer, Leo*, or *Virgo.*
Take clysters	*Aries, Libra*, or *Scorpio.*
Take gargarismes	*Cancer*, or *Aries.*
Stop rheums and flux	*Taurus, Virgo*, or *Capricorn*
Bath for cold diseases	*Aries, Leo*, or *Sagittarius.*
Bath for hot diseases	*Cancer, Scorpio*, or *Pisces.*

Medicina à Medico, medela ab Altissimo.

A plain and easie Table shewing the true interest due upon any summe of money, from five shillings to an hundred pounds for a year or under, after the rate of six pounds in the hundred.

		1 Mon.			3 Mon.			6 Mon.			9 Mon.			A year.		
		lb.	p.	q.	lb.	p.	q.	lb.	p.	q.	lb.	p.	q.	lb.	p.	q.
Shill.	5	0	0	1	0	0	3	0	1	3	0	2	2	0	3	2
	10	0	0	2	0	1	3	0	3	2	0	5	2	0	7	0
	15	0	0	3	0	2	2	0	5	1	0	8	0	0	10	2
Pounds	1	0	1	0	0	3	2	0	7	0	0	10	2	1	2	1
	2	0	2	1	0	7	0	1	2	1	1	9	1	2	4	2
	3	0	3	2	0	10	2	1	9	1	2	7	3	3	6	3
	4	0	4	3	1	2	1	2	4	2	3	6	3	4	9	0
	5	0	6	0	1	6	0	3	0	0	4	6	0	6	0	0
	6	0	7	0	1	9	2	3	7	0	5	4	2	7	2	1
	7	0	8	1	2	1	0	4	2	1	6	3	1	8	4	2
	8	0	9	2	2	4	2	4	9	1	7	1	3	9	6	3
	9	0	10	3	2	8	1	5	4	2	8	0	3	10	9	0
		po.	lb.	p.	p.	lb.	p.	p.	lb.	p.	po.	lb.	p.	po.	lb.	p.
Tens of Pounds	10	0	1	0	0	3	0	0	6	0	0	9	0	0	12	0
	20	0	2	0	0	6	0	0	12	0	0	18	0	1	4	0
	30	0	3	0	0	9	0	0	18	0	1	7	0	1	16	0
	40	0	4	0	0	12	0	1	4	0	1	16	0	2	8	0
	50	0	5	0	0	15	0	1	10	0	2	5	0	3	0	0
	60	0	6	0	0	18	0	1	16	0	2	14	0	3	12	0
	70	0	7	0	1	1	0	2	2	0	3	3	0	4	4	0
	80	0	8	0	1	4	0	2	8	0	3	12	0	4	16	0
	90	0	9	0	1	7	0	2	14	0	4	1	0	5	8	0
	100	0	10	0	1	10	0	3	0	0	4	10	0	6	0	0

A Plain and easie Table for the finding of Easter, *which will continue and be of date for* 28 *years, beginning in the year* 1661, *and ending in the year* 1688.

Anno Dom.	G.N.	Epact.	Cycle	Sans	Sund. letter.	fr. Christ to shrove	Shrove sunday	Easter day.	Whit-sunday
1661	9	9	18		F	8 w. 5 d	Feb 24	apr 14	Iune 2
1662	10	20	19		E	6 w. 4 d	Feb 9	mar 30	ma 18
1663	11	1	20		D	9 w. 3 d	Mar 1	apr 19	Iune 7
1664	12	12	21	B	C	8 w. 2 d	Feb 21	apr 10	ma 29
1665	13	23	22		B	6 weeks	Feb 5	mar 26	ma 14
1666	14	4	23		A	8 w. 6 d	Feb 25	apr 15	Iune 3
1667	15	15	24		G	7 w. 5 d	Feb 17	apr 7	ma 26
1668	16	26	25	D	F	5 w. 4 d	Febr 2	mar 22	ma 10
1669	17	7	26		E	8 w. 2 d	Feb 21	apr 11	ma 30
1670	18	18	27		D	7 w. 1 d	Feb 13	apr 3	ma 22
1671	19	29	28		C	10 weeks	Marc 5	apr 23	Iun 11
1672	1	11	1	F	B	7 w. 6 d	Feb 18	apr 7	ma 26
1673	2	22	2		A	6 w. 4 d	Feb 9	mar 30	ma 18
1674	3	3	3		G	9 w. 3 d	Mar 1	apr 19	Iune 7
1675	4	14	4		F	7 w. 2 d	Feb 14	apr 4	ma 23
1676	5	25	5	A	E	6 w. 1 d	Febr 6	mar 26	ma 14
1677	6	6	6		D	8 w. 6 d	Feb 25	apr 15	Iune 3
1678	7	17	7		C	6 w. 5 d	Feb 10	mar 31	ma 19
1679	8	28	8		B	9 w. 4 d	Mar 2	apr 20	Iune 8
1680	9	9	9	C	A	8 w. 3 d	Feb 22	apr 11	ma 30
1681	10	20	10		G	7 w. 1 d	Feb 13	apr 3	ma 22
1682	11	1	11		F	9 weeks	Feb 26	apr 16	Iune 4
1683	12	12	12		E	7 w. 6 d	Feb 18	apr 8	ma 27
1684	13	23	13	E	D	6 w. 5 d	Feb 10	mar 30	ma 18
1685	14	4	14		C	9 w. 3 d	Mar 1	apr 19	Iun 7
1686	15	15	15		B	7 w. 2 d	Feb 14	apr 4	may 23
1687	16	26	16		A	9 w. 1 d	Feb 6	mar 27	ma 15
1688	17	7	17	G	G	9 weeks	Feb 26	apr 15	June 3

A true computation of some things memorable.

Since the *World* began	5668
Since *Noahs* Flood	4012
Since the birth of *Abraham*	3660
Since the birth of *Isaac*	3560
Since the birth of *Jacob*	3501
Since the birth of *Joseph*	3409
Since *Joseph* was sold by his Brethren	3391
Since *Jacob* went down into *Egypt*	3369
Since *Moses* was born	3235
Since the giving the Law upon *Mount Sinai*	3155
Since *Moses* died	3115
Since *David* began to reign	2719
Since *Solomon* began to build the Temple	2676
Since *Nebuchadnezzar* burnt it	2252
Since *Zorobabel* began again to build it	2184
Since the building of the Tower in *London*	2082
Since *Alexander* the Great died	1988
Since the building of *Cambridge*	1965
Since *Julius Cæsar* conquered *Britain*	1718
Since the destruction of *Jerusalem* by *Titus*	1595
Since *S. John* wrote his *Revelation*	1570
Since *Lucius* the first Christian K. began	1486
Since *Constantine* (the first Christian Emperour) began	1341
Since *Cambridge* was made an *University*	1030
Since the first Major of *London*	475
Since the invention of *Guns*	285
Since the invention of *Printing*	225
Since *Tilbury Camp*, *July* the 25	77

How the moveable feasts are found readily.

SEek the change of the moon in *February* for that year ye desire the moveable feasts. Then note what day it falleth on, the next Tuesday is Shrovetuesday; but if the change be on Tuesday the next Tuesday ensuing is it. The next Sunday is the first Sunday in Lent. Six Sundays after is Easter-day. Add 35 days or 5 weeks to Easter-day, and ye have Rogation-sunday. To that add 4 days, so ye have Ascension day: then have ye 10 days to Whitsunday. And 7 days after is Trinity-sunday.

Of the week.

A Week hath divers names. In *Latine* it is called *Septimana, à septem & mane*, as it were having *septem matutina tempora*, seven mornings. It is also called *Hebdomas, ab* ἑπτὰ which is *septem*, as containing seven days. It is also called *Sabbatum* by the *Jews*, as appeareth by that sentence in Scripture: *Jejuno bis sabbato, &c.* where the word *Sabbatum* is *æquivocum ad totam septimanam*. You may observe the *Jews* sabbath day was Saturday: but the *Christians* observe Sunday, which they call *diet Dominica*, The Lords day, because on that day *Christ Jesus*, our Lord and Saviour, arose from the dead.

How to finde the age of the Moon.

ADd to the Epact the number of moneths from the beginning of *March*, together with the moneth wherein you seek, and also the number of days past of that moneth wherein you seek, and such addition will shew you the age of the moon, if the sum of addition be less then 30; but if it exceed 30, then substract 30, and the remainder shall be the age of the moon, if so be the moneth wherein you seek hath 31 days: but if it hath less then 31, substract but 29, and the remainder shall be the age.

A rule to finde the Moons distance from the Sun, by which is gathered at all times the Signe and degree where the Moon is.

MUltiply the age of the Moon by 4, divide by 10, the quotient sheweth the signes that the Moon differeth from the Sun; the remainder augmented by 3, bringeth degrees to be added: Ye must put these signes and degrees to the place of the Sun. The product, I mean the encrease or end of all these signes and degrees, in order counted from the Sun, declares the place of the Moon in the Zodiack.

The Characters of the 12 Signes, 7 Planets, Dragons-head and Tayl.

♈ *Aries.* ♉ *Taurus.* ♊ *Gemini.* ♋ *Cancer.* ♌ *Leo:* ♍ *Virgo.* ♎ *Libra.* ♏ *Scorpio.* ♐ *Sagittarius.* ♑ *Capricornus.* ♒ *Aquarius.* ♓ *Pisces.* ♄ *Saturn.* ♃ *Jupiter.* ♂ *Mars.* ☉ *Sol.* ♀ *Venus.* ☿ *Mercurie.* ☾ *Luna.* ☊ The *Dragon-head.* ☋ The *tayl.*

The Aspects both old and new.

☌ *A conjunction,* when Planets are in one signe and degree.
SS. *A semisextile,* when Planets are distant one signe.
⚹ *A sextile,* when any are distant 2 signes.
Q. *A quintile,* when distant 2 signes and 12 degrees.
□ *A quartile,* when they are 3 signes distant.
Td. *A tredicile,* when they be distant 3 signes & 18 degrees.
△ *A trine,* when distant 4 signes.
Bq. *A biquintile,* when distant 4 signes and 24 degrees.
Vc. *A quicunx,* when they are asunder 5 signes.
☍ *An opposition,* when the distance is just 6 signes.

Of

Of many and ſundry Fairs in *England*, as they have heretofore been ſet forth by others, and are now continued for the common good.

January.

THe 5 day at Hicketford in Lancaſhire: the 6 day at Salisbury: the Thurſday after at Banbury: the 25 at Graveſend, Briſtol, Churchingford, Northallerton in Yorkſh. every Wedneſday from Chriſtmas untill June.

February.

The firſt day at Bromly in Lancaſhire: the 2 day at Reading in Barkſh. Maidſtone, Bickleſworth, Beckleſfield, Bath, Lin, Bugworth: the 3 day at Brogrove: on Valentines day at Owndle in Northamptonſhire, Beverſham: the 24 day at Henly upon Thames, Baldock, on Aſhwedneſday at Royſton, Dunſtable, Eaton, Tamworth, Tunbridge, Lichfield, Exceter, Cicester: the firſt Thurſday in Lent at Banbury.

March.

The 3 day at Bromwel-braks in Norfolk: the 4 at Bedford: the 10 at Alſome in Norfolk, Sudbury, Woodburn: the 13 at Wye, Bodwin in Cornwall: the 20 at Durham: the Monday before our Lady-day at Kendal, Wisbich: the 25 day at Huntington, Northampton, Malden, Aſhwel in Hartfordſhire, Newcaſtle: Midlent at Saffron-Walden in Eſſex: Goodfriday at Norwich: Palmſunday-eve at Wisbich, Worceſter, Pomfret.

April.

Eaſter-monday at Oney in Bedfordſh. Gainsborough: Eaſter-tueſday at Dainry in Northamptonſh. Godmon chester.

cheſter, Schole in Norfolk, S. Edmonds bury: on Wednesday at Wellingborough in Northamptonſh. on Friday in the ſame week at Darby: on Saturday at Bickleſworth: the 2 at Hitchen, Rochford, Northfleet: the 7 at Darby: the 9 at Billingſworth, Bickleſworth: the 22 at Stabford: the 23 at Ipſwich, Harbin in Norfolk, Northampton, Sapſar in Hartfordſh. Charing, Hinningham, Tamworth, Bury in Lancaſhire, S. Pombs in Cornwall: the 27 at Dunmow in Eſſex, Oakham in Rutlandſhire, Buckingham, Darby: the 29 at Tenderden in Kent, Cleet: the 30 at Beverly a week together.

May.

The firſt day at Haveril in Eſſex, Layton-buzzard in Huntingtonſh. Rippon in Yorkſh. Reading, Maidſtone, Tuxford in the clay: the 3 at Elſtow in Bedfordſh. Noneaton in Warwickſh. Thedford in Norfolk, Chelmsford in Eſſex, Waltham-Abby, Hinningham, Rochdale, Bramyard: the 7 at Newton in Lancaſhire, Beverly, Oxford: the 10 at Rocheſter, Dunſtable, Magfield in Suffolk: on Rogation-monday at Reach: on Aſcenſion-day at Thaxted, Beverly, Rippon, Sudminſter, Biſhopsſtratford, S. Eedes, Wickam in Lancaſhire, Middlewich in Cheſh. Chappel-frith in Darbyſhire: on Whitſun-even at Skipton in Craven: on Whitſun-monday at S. Ives, Rygate in Surrey, Bickleſworth, Bradford, Agmunſham in Buckinghamſh: on Whitſun-tueſday at Newmarket: on Wedneſday at Royſton: on Thurſday at Owndle in Northamptonſhire: the 26 day at Lenham: the 29 at Crainbrook.

June.

On Trinity-eve at Rowel, Kendal: on Corpus Chriſti at Banbury, Biſhops-ſtratford, S. Eedes, Coventry, Newbury: the 9 at Maidſtone: the 11 at Breme in Norfolk, Bardfield in Eſſex: the 17 at Hadstock: the 23 at S. Albans

S. Albans, Deerham in Norfolk, Shrewsbury: the 24 at Halfon in Suffolk, Barnwel beſide Cambridge, Bedford, Colcheſter, Rumford, Reading, Windſor, Halifax, Hartford, Beverly, Haſlingden; the 26 at Briſtol, Darby: the 27 at Burton on Trent, Folſtone: the 28 at S. Pombs in Cornwal: the 29 at Peterborough, Aſhwell, Sudbury, Stebbing in Eſſex, Benington in Hartfordſhire.

July.

The 1, 2, and 3 days at Congleſtone in Cheſh. the 7 at Royſton, Burntwood: the Monday after at Fodringham: the 11 at Partney for horſes: the 20 at Uxbridge, Coolidge, Woodſtock, Barkway: the 22 at Ickleton, Bickleſworth, Norwich, Colcheſter: the 25 at Audly-end beſide Walden, Reading.

Auguſt.

The firſt day at Bedford, S. Eedes, Dunſtable, Feverſham, Wisbich, Bickleſworth, Stoniſtratford: the 10 at Blackamore, Harply in Norfolk, Thaxted in Eſſex, St. Ives, Bedford, Banbury, Farnham, Brainford: the 15 at Cambridge, Huntington, Dunmow, Linton, Northampton: the 24 at London, Sudbury, Norwich, Oxford, Northalerton, Dover, Beggers buſh, Burton: the 29 at Halfon in Suffolk, Harlow-buſh in Eſſex, Watford.

September.

The firſt day at S. Giles in the buſh: on Thurſday & Friday next before the 8 day at Sandbach in Cheſh. the 7, 8, 9 and 10 days at Woodbury-hill in Dorſetſh. the 7 at Ware: the 8 at Huntington, Bury in Lancaſh. Partney, Wakefield, Northampton, and Sturbridge fair belonging to Cambridge begins: the 14 at Rippon for horſes. Waltham-Abbey, Cheſterfield in Darbiſh. Richmond: the 21 day at Marleborough, Bedford, Baldoc, Edmonds-bury, Holden in Holderneſs, Braintry, Bracklymaiden,

lymaiden, Malden: the 29 at S. Ives, Basingstoke, Market-deeping, Shelford in Bedfordshire, Bishopstraford, Malden for horses, Stow in Lincolnshire; Thursday after at Banbury.

October.

The second at Salisbury: the 6 at Havent in Hampsh. Maidstone, Coolidge, Gayworth by Lin, S. Faiths: the 8 at Bishopsstratford, Harborough: the 9 at Gainborough in Lincolnshire: the 13 at Windsor, Colchester, Gravsend: the 18 day at Ely, Bishopshatfield, Barnet, Banbury, Thirsk, Burton on Trent: the 21 day at Saffron-Walden: the 23 at Bicklesworth: the 28 at Newmarket, Dis in Norfolk, Wakefield, Richdale in Lancashire.

November.

The first day at Chelmesford: the 2 at Epping, Kingstone on Thames, Padamhasson in Suffolk: the 6 day at Newport-pond, Bedford, Hartford: the 11 at Lodden in Norfolk, Lenton in Nottinghamshire, Hempton in Norfolk, Fockingham in Lincolnshire, Bridgnock in Northamptonsh Marleborough; the 17 at Spalding, in Lincolnshire, Harlow, Lincoln, Hide, Northampton the 19 at Horsham in Kent: the 20 at S. Edmondsbury Ingerstone in Essex, Heath: the 23 at Sandwich: the at Baldoc, Bareford, Colingborough, Maidenhead, Warington, Rochester.

December.

The 5 at Pluckly: the 6 at S. Eedes, Woodstock Spalding, Norwich in Cheshire, at Exceter, Senock Kent, Arundel, Grantham: the 7 at Sandhurst: the Northampton, Clitheral in Lancashire, Huntingt Malpas in Cheshire: the 29 at Canterbury, Salisbur

FINIS.